

Laura Green Teacher Training Yoga School Ltd

200 Hour Teacher Training – Terms & Conditions

1. Introduction

1.1. These terms and conditions (the Terms) apply to the, 200 Hours Yoga Teacher Training Course provided and operated by Laura Green Teacher Training Yoga School Ltd with registered no. 10651100 and trading address at Laura Green Teacher Training Yoga School Ltd, Trees, Tatchbury Lane, Winsor SO40 2HA59 (we, us or our).

1.2. Please read these terms carefully and the Frequently Asked Questions before you submit the Course application form to us. Your Application and attendance on the Course shall be governed by these Terms and any other documents contained in these Terms, which will form a legal contract between us and you. By submitting your Application you are agreeing to be legally bound by the Terms and Frequently Asked Questions.

1.3. If you would like to contact us for any reason please do so using the following details:

Address:

Laura Green Teacher Training Yoga School Ltd, Trees, Tatchbury Lane, Winsor SO40 2HA

Email: laura@lauragreenyoga.co.uk

Tel: 07866 459208

2. Changes to the Terms

2.1. We may make changes to these Terms as a result of legal or regulatory requirements or when there are changes to our business practices which are unavoidable.

2.2. We will give at least one month's written notice of any changes to these Terms before they take effect. You can choose to cancel the contract in accordance with Clause 7.

3. Course

3.1. We shall provide the Course over a period of 10 months commencing on March 2026 (Course Start Date), and the Course shall consist of 10 weekend workshops which includes first aid course, assignments, course projects, examinations and personal study. For more information please see the Course details.

3.2. The 10 weekend workshops shall be held at Lakeside Conference Centre, Lakeside Eastleigh Hampshire between 09.00-17.30hrs; on the following dates (which may be subject to change):

14/15 March 2026

11/12 Apr 2026

16/17 May 2026

13/14 June 2026

18/19 July 2026

15/16 Aug 2026

26/27 Sept 2026

17/18 Oct 2026

13/14/15 Nov * 2026 * Please note this is 3 days, Fri-Sun

12/13 Dec 2026

We will only run the course with a minimum of ten students, if we do not achieve the minimum numbers we will reschedule the course later in the year. Should we have to do this, we will notify you as soon as possible.

3.3. Whilst we will try and avoid making any changes to the Course, the modules, assignments, suggested texts and materials, teachers, times, dates and locations are all subject to change. We will notify you of any changes via email.

3.4. You are responsible for making all travel and accommodation arrangements for weekends in the UK necessary for your attendance on the Course. We shall not be responsible for any travel and accommodation costs you incur as a result of any changes made to the dates, times or Locations. We recommend that you take out suitable travel insurance.

3.5. We accept no responsibility for any student who does not follow the instructed class or has not disclosed medical conditions, recent injuries or pregnancy. Please be aware that it is your responsibility to inform the instructor if you are pregnant, or if you have any injuries or medical conditions or if you feel unwell or any discomfort during any of the session or otherwise on the Course. The Course is suitable and can be adapted for those that are pregnant, please contact us for more information or speak to your Course instructor.

3.6. You accept that there is risk associated with all forms of exercise and the nature of the Course includes physical activity. You take full responsibility for your own health and wellbeing. We recommend that you obtain approval from your medical practitioner to participate on the Course if you have any medical conditions, injuries or are pregnant before you submit your Application or during the Course (as applicable).

3.7. To be eligible to successfully complete and graduate from the Course you must:

- a) attend all 10 Weekends;
- b) complete and pass all projects and assignments
- c) complete 2 hours of class observation and 2 hours of assisting a taught class;
- d) successfully complete the final practical examination, where you will be asked to teach a yoga class in which you are able to demonstrate sufficient comprehension of the material taught on the Course, and which is based on the following criteria: (i) proficiency in commanding a class; (ii) engagement with students in the class; (iii) intelligent and safe sequencing; (iv) alternative options for all students; (v) terminology and use of appropriate language; (vi) demonstration skills

3.8. In the interest of maintaining the highest possible standards for graduates of the Course, graduation is not guaranteed unless all the above requirements (in Clause 3.7) are met in full. Graduates of this Course will be certified and considered RYT-200 by the Yoga Alliance Professionals.

3.9. It is your responsibility to attend and complete all the elements of the Course. In the event that you are unable to attend one a weekend or portion of a weekend or complete any of the other elements of the Course, please contact us to arrange a private tutoring session which will be subject to additional fees of £150 per ½ day. Late submissions of assignments are subject to additional fees of £20 administration charge.

4. Eligibility Criteria

4.1. To be eligible for a place on the Course you must:

- a) be 18 years old or over;
- b) have been practising yoga consistently for at least 2 years before the date of your Application;
- c) provide a completed Application including contact details for one reference
- d) be available to attend all weekends on the specified dates

5. Application Process

5.1. To request an application form please contact as at laura@lauragreenyoga.co.uk To apply for the Course you must fully complete and submit your Application to us at the above email address.

5.2. Please ensure that you read these Terms carefully, and check that the details in your Application are complete and accurate, before you submit your Application. An incomplete Application will be rejected. If you think that there is a mistake or require any changes, please contact us to discuss. We will confirm any changes in writing to avoid any confusion between you and us.

5.3. When you submit your Application to us, this does not mean we have accepted your Application for the Course. All Applications will be assessed against the eligibility criteria (as detailed in Clause 4 above).

5.4. Payment will be taken once your Application has been accepted and you will receive an email confirming that

your Application has been accepted. Your place on the Course will not be confirmed until the Course Fee Deposit has been paid. Places on the Course are subject to availability, and prior payment of the deposit.

6. Fees Course Fees:

6.1 The Full Standard Course fee is £4,350 including the Deposit (Course Fee) with options to pay by instalment. A Non Refundable Deposit of £750 is due on successful acceptance of your application. A 2nd Non Refundable Payment due 8 weeks prior to starting the course on 9th January 2026 of £750 followed by 4 further Non Refundable Payments of £715.50 due by 10th of each month starting March 2026, payable by confirmed standing order. On a payment plan you are bound contractually to fulfil the full payment schedule.

6.2 A Pay in Full Discount fee is available at £3,995 including the Deposit (Course Fee). A Non Refundable Deposit of £750 is due on successful acceptance of your application followed by non refundable balance payment to be paid in full 8 weeks prior to starting the course on 10th January 2026 of £3245.

6.3 A Discount for Graduates of the Laura Green Yoga Immersion Course is also available, reducing the Standard Course Fee to £3,600 including the Deposit (Course Fee). A Non Refundable Deposit of £750 is due on successful acceptance of your application followed by a 2nd Non Refundable Payment due 8 weeks prior to starting the course on 9th January 2026 of £450 followed by 4 further payments of £600 due by 10th of each month starting March 2026, payable by confirmed standing order. On a payment plan you are bound contractually to fulfil the full payment schedule.

6.4. Subject to Clause 7.2, the non-refundable deposit is £750 (Deposit) shall be payable in advance in the event that we accept your Application. Payment of the Deposit should be made by within 1 months from the date we notify you of your acceptance on the Course, the remainder of the Course Fee is due as outlined in clauses 6.1 – 6.3 dependent on price option you have selected.

6.5. All fees are inclusive of VAT (if applicable). The only accepted methods of payments are Cash, Cheque, BACS transfer or confirmed Standing Order no other methods of payment will be accepted. Payment will be in pounds sterling (£) only.

7. Cancellation and Refunds

7.1. Other than as set out in this Clause below, the Course Fee is non-refundable.

7.2. You are entitled to a full refund of the Course Fee you have paid to us in the event that we have to cancel the Course before the Course Start Date.

7.3. We have the right to cancel or suspend the Course at any time during the Course in our sole discretion or in accordance with Clause 11.3. In such circumstances you will be eligible for a prorata refund of the Course Fee accordingly.

7.4. We will only make refunds to the same method of payment which you used to make your purchase.

7.5. We will not tolerate any student exhibiting harassing, threatening, abusive or violent behaviour, including behaviour which is sexist, racist or homophobic, including threatening language, swearing and/or aggressive body language. You agree to comply with these Terms, our reasonable instructions, policy and procedures applicable at the Location during your attendance on the Course. We reserve the right to suspend or terminate your place on the Course if you breach these Terms or any applicable policies or procedures, and you will not be entitled for a refund of the Course Fee.

8. Intellectual property rights

8.1. We are the owner or the licensee of all intellectual property rights in the Course, including any course materials. You have a licence to use such intellectual property rights for the purpose of the Course only, provided that:

- a) the material shall not be reproduced or included in any other work or publication in any medium;
- b) the material may not be modified or altered in any way;
- c) the material may not be distributed or sold to any third party; and
- d) you do not remove any copyright or other proprietary notices contained in the material.

9. Data protection and privacy

9.1. You will be required to provide personal information about yourself (including name, date of birth, email address, postal address, phone number, gender, medical information), and your payment details.

9.2. You agree that you will provide accurate, current and complete information about yourself, and promptly notify us if there are any changes to this information including any injuries or other medical conditions which may affect your practice or participation on the Course. For more information about how we will use your personal information please see our Privacy Policy.

9.3. By submitting your Application you also consent to our use of your personal data in accordance with these Terms and our Privacy Policy.

10. Complaints or Queries

10.1. If you have any queries or complaints about the Course, please contact us using the contact information as detailed in Clause 1.3. We will use reasonable efforts to respond to you promptly.

11. Availability

11.1. We shall not be liable for any delay or failure to perform resulting from causes outside of our reasonable control, including, without limitation, any failure to provide the Course to you due to unforeseen circumstances or cause beyond our control such as acts of god, war, terrorism, riots, embargoes, acts of civil or military authorities, fire, floods, accidents, strikes, epidemic or other natural disaster, shortages of transportation facilities, fuel, energy, labour or materials or a failure of public or private telecommunications networks.

11.2. If an event outside of our reasonable control takes place that affects the performance of our obligations under these Terms we will contact you as soon as reasonably possible to notify you and our obligations under these Terms will be suspended and the time for performance of our obligations will be extended for the duration of the event outside of our reasonable control.

11.3. We will only cancel the Course if the event outside of our reasonable control continues for longer than four weeks and you will be entitled to a pro-rata refund of the Course Fee.

12. Limitation of our liability

12.1. We have no liability to you for any unforeseeable loss or damage, such as loss of profit, loss of business, business interruption, or loss of business opportunity.

12.2. If we fail to comply with these Terms, we are responsible for loss or damage you suffer that is a foreseeable result of our breach of the Terms or our negligence, but we are not responsible for any loss or damage that is not foreseeable. Loss or damage is foreseeable if it is an obvious consequence of our breach or if it was contemplated by you and us at the time we entered into this contract.

12.3. Subject to Clause 12.1 and unless otherwise prohibited by law, our maximum aggregate liability under or in connection with these Terms whether in contract, tort (including negligence) or otherwise, shall in all circumstances be limited to the Course Fee.

12.4. Nothing in these Terms excludes or limits our liability for:

- a) death or personal injury caused by our negligence,
- b) fraud or fraudulent misrepresentation; or
- c) any other liability which cannot be excluded or limited by law.

13. General

13.1. The Terms do not create or infer any rights that are enforceable by any person who is not a party to them.

13.2. We may transfer our rights and obligations under these Terms to another organisation, but this will not affect your rights or our obligations under these Terms. You may only transfer your rights or obligations under these Terms to another person if we agree in writing.

13.3. If we decide not to exercise or enforce any right that we have against you at a particular time, then this does not prevent us from later deciding to exercise or enforce that right.

13.4. Each of the conditions of these Terms operates separately. If any court or competent authority decides that any of them are unlawful or unenforceable, the remaining conditions will remain in full force and effect.

13.5. These Terms and any non-contractual obligations arising out of them shall be governed by and construed in accordance with English law and the non-exclusive jurisdiction of the English Courts.